



Moloka**BRA** Downwind 2025

August 22 to 31, 2025

GENERAL REGULATIONS

ROWING AND CANOEING MODALITIES

STAND UP PADDLE

VA'A

SAILING CANOE

PADDLEBOARD

SURFSKI

SUP FOIL

GENERAL REGULATIONS

MolokaBRA DOWNWIND 2025

Article 1. The MolokaBRA Downwind Circuit 2025 has the following schedule:

ROWING AND CANOEING EVENTS

Stand Up Paddle, Va'a, Sailing Canoe, Paddleboard, Surfski e SUP Foil

	22/08	23/08	24/08	25/08	26/08	27/08	28/08	29/08	30 e/ou 31/08
	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat or Sun
Manhã	Reception	Equipment Check	Clinics	Race 1	Clinics	Race 2	Clinics	Race 3	Official Awards
	Equipment Check	Official Training	Workshops		Workshops		Workshops		
Tarde	Kits distribution in Fortaleza	Kits distribution in Cumbuco	Lectures Tourism		Lectures Tourism		Lectures Tourism		
Noite	Official Opening	Social Program	Social Program	Social Program	Social Program	Social Program	Social Program	Social Program	Social Program

Note 1: Local athletes or those arriving in Ceará before the equipment check dates may request scheduling with the organization for inspection on another date, especially those with equipment in collective transport (trailers and trucks). The organization will accept inspections conducted by club and team coordinators, who will formally certify the inspection of veteran athletes in MolokaBRA, while the inspection of novice athletes' vessels must be conducted to familiarize them with the safety system of the event.

Note 2: The presentation in the table above as morning and afternoon is merely didactic, as activities always occur in sequence, starting in the morning and continuing in the afternoon. The schedule may change, with due prior notice and communication well in advance to participants.

Note 3: Activities parallel to the competitions on "off days" will take place at Cumbuco Beach in Caucaia or in the City of Fortaleza, including clinics, lectures, workshops, equipment exhibitions and presentations, as well as tourist tours and gastronomic programs.

Article 2. The exact start times of the races are not determined in advance as they depend on wind conditions. They will be announced only the day before, by 8:00 PM. There will be no tolerance for delays, and each athlete must pay attention to the information from their modality's technical congress regarding start procedures, which will be widely disseminated. Races may be postponed exclusively due to adverse weather conditions that may compromise participants' safety (torrential rains, storms, among others at the organization's discretion) or if the wind forecast is not the most favorable and allows postponement to the next day, with this decision being exclusively up to the Technical Commission in conjunction with a committee of 5 athlete representatives from the participating modalities. The window for the three rowing and canoeing races will be

between August 24 and 29, and exceptionally, August 30 and 31 will be reserved dates if necessary due to wind conditions.

Article 3. The modalities covered will be stand up paddle, Va'a, sailing canoe, paddleboard, surfski, and SUP Foil, with their respective subcategories related to the type of equipment:

- a. **Stand Up Paddle:** 1. **SUP Stock** – Race boards without a rudder and a maximum length of 14 feet; 2. **SUP Unlimited.** Free model boards, with or without a rudder and no minimum or maximum size limit.
- b. **Surfski:** 1. **Individual (IND - 1).** 2. **Double (DUP - 2).** IND ou DUP must be oceanic sit-on-top (surfski) vessels, with the participation of cabin boats, which characterize them as kayaks, as well as those used in speed and marathon races, being prohibited. DUP vessels may consist of male, female or mixed pairs.
- c. **Va'a:** 1. **OC1** Individual vessels with rudder; 2. **OC2** a DUP vessel with rudder; may consist of male, female or mixed pairs. 3. **V1** Individual vessel without rudder; and 4. **V3.** Male, female or mixed crew.
- d. **Sailing Canoe:** Canoes with 3 or 4 seats and free team composition, preferably mixed (at least one female component).
- e. **Paddleboard.** 1. **PB Stock Prone Open** – Boards with a maximum length or 12 feet; 2. **PB Unlimited Open.** Free model boards with no minimum or maximum size limit, with or without a rudder.
- f. **SUP Foil Unlimited.** Boards, foil, and paddle free models, with no size limits or specifications.

Article 4. Male and female athletes aged 18 and over may register. Regarding the distribution of competitors by age group, the following categories will be formed:

- a. **Stand Up Paddle and Paddleboard:** Open (18 to 39 years old by the end of 2025); Master (40 to 49 years old by the end of 2025); Supermaster (50 to 59 years old by the end of 2025); e Grand Master (60 years and older by the end of 2025).
- b. **Va'a Individual or Double (OC1, OC2, V1 and V3):** Open (40 years old by the end of 2025); 40+, 50+; e 60+.
- c. **Surfski Individual:** Paracanoeing (athletes over 18 years old); Under 18 (up to 18 years old by the end of 2025); Under-23 (between 19 e 23 years old by the end of 2025); Senior (24 years or older by the end of 2025); Master A (35 to 39 years), Master B (40 to 44 years); Master C (45 to 49 years); Master D (50 to 54 years); e Master E (55 to 59 years); Master F (60 to 64 years); Master G (65 to 70 years); e Master H (70 years or older by the end of 2025).
- d. **SUP Foil:** no age categorization, only by gender M and F.
- e. **Sailing Canoe:** no age categorization.

Regarding rowing and canoeing vessels composed of more than one athlete (pairs or trios), the age group of the youngest athlete will be considered, i.e., if in an OC2 pair one athlete is 30 years old and the other is 55, the age of the younger rower will prevail to categorize the pair.

Article 5. The rowing and canoeing races aim to evaluate the competitor's speed, with the winner being the one who arrives ahead of the others. The MolokaBRA Downwind 2025 circuit of rowing and canoeing races consists of Races 1, 2, and 3. The final classification of each modality and its respective subcategories will be determined by the sum of times of the three races together. The one with the lowest total time in the three races will be the winner.

Article 6. Each stage of the MolokaBRA Downwind 2025 will be conducted by the **ARBITRATION AND SAFETY COMMISSION**, composed of:

1. Race Director (RD): Alexandre Nogueira
2. Technical Director (TD): Carlos Leite
3. Safety Director (SD): Thiago Pontes

Article 7. The Arbitration and Safety Commission will stipulate a maximum race time, according to the type of vessel, which will be determined and announced during the technical congress. In cases of inability to continue competing, the support team will assist the competitor(s) in withdrawing. The race courses will be presented in detail to the competitors during the technical congress, which will be held virtually, and will be available online at least 15 days before the competitions, with specific rules applicable to each modality attached to this regulation.

Article 8. Due to the characteristics of the competitions, where many peculiarities are involved, the organization recommends the participation of all competitors in the technical congress (held remotely) and technical briefings, which will occur before each start. The confirmation of the timing chip activation on each race day will be proof of the athlete's participation. Only athletes who have previously shared their location with the organization through their cell phones will receive the timing chip. Failure to comply with these rules (location sharing and timing chip activation) will result in the inability to participate in the race. If the competitor insists on participating, the organization will not be responsible for their safety, will not record their time, and they will be automatically disqualified.

Article 9. Competitors will be distributed according to the number of entries in their respective categories, which must have a minimum of 2 athletes (OC1, V1, SUP, SUP Foil, Surfski IND, and Paddleboard), 2 pairs (OC2 and Surfski DUP), 2 trios (V3), or 2 teams of athletes (Sailing Canoe) to be validated. When there is only one entry in a particular category, the participant will be automatically inserted into another. Example: if there are not 2 Master E athletes in surfski, the athlete in this category will be automatically entered into the next higher category, in this case, Master D. In SUP, for example, if there is only

one supermaster athlete, they will be automatically inserted into the next higher category, in this case, the master. This rule applies to all other modalities. PwD athletes may compete alone in their own category, even if there is no other competitor with the same disability.

Article 10. The organization reserves the right to confirm the realization of the MolokaBRA Downwind 2025 only if a minimum of 200 athletes are registered for the paddling and canoeing events. To ensure the full safety of the competitors, the total number of athletes will be limited to a maximum of 300. If, by the registration deadline (March 31, 2025), the minimum number of participants is not reached, the organization will fully refund the actual registration fees (excluding administrative fees charged by the registration website), without interest or monetary correction. It is recommended that athletes only confirm travel and accommodation arrangements for the event after this date. If the minimum number of registered athletes is reached before this date, the organization will officially announce the confirmation of the event in advance.

Article 11. The race organization reserves the right to include invited athletes in the competitions, especially those in proven situations of social vulnerability, who must fill out a specific exemption request form and will have their names published as exempt from registration. Entities, schools, bases, or sports clubs wishing to register socially vulnerable athletes may formally request the organization.

Article 12. MolokaBRA Downwind 2025 is open to people with disabilities (PwDs) in all paddle sports disciplines. Registered para-athletes will be categorized by a special committee, taking into account their individual limitations in order to assign them to appropriate categories. First-time para-athlete participants must receive prior authorization from the event organizers before registering.

Article 13. Until the final day of registration (March 31, 2025), athlete substitutions may be allowed in cases of force majeure, upon request by the withdrawing participant. The replacement athlete must submit a completed registration form with all required personal information and category. The organization will release the final list of registered participants on July 22, 2025. Any modification of category is **STRICTLY PROHIBITED**, and only the previously published list will be considered valid.

Article 14. Athletes registered in categories that are not validated due to not having the minimum number of participants, if they do not wish to change categories to be considered as competitors, may opt to participate in the TOUR category, with the right only to receive a finisher medal but without competing for the competition podium.

Article 15. MANDATORY DOCUMENTS. Each competitor will sign a **LIABILITY TERM**, attached to this regulation, through which they declare to accept the terms of the competition regulation, assuming full responsibility for their participation in the event. The term will be available for download at the same registration link and, along with the

HEALTH QUESTIONNAIRE, must be sent to the email credenciamento@molokabra.com.br between July 1 and 20, 2025. **A MEDICAL CERTIFICATE** is mandatory for athletes over 50 years old and for younger athletes whose Health Questionnaire indicates changes that may compromise the competitor's participation. The event's health team will evaluate each health questionnaire form and has the autonomy to prevent the athlete's participation or suggest prior evaluation and medical clearance authorizing the competitor's participation. The organization does not require any type of complementary examination (blood count, blood glucose, etc.), imaging examination (X-ray, tomography, etc.), or complementary tests (treadmill, ergometric, etc.), with such indications being exclusively at the discretion of the patient's doctor.

Article 16. Athletes' vessels will be inspected in advance by the arbitration and safety commission until the deadline dates established in Article 1 of this regulation. A checklist will be sent in advance for each athlete to conduct their own evaluation before the organization's inspection. Base coordinators already veterans in MolokaBRA will have the autonomy to certify the equipment of athletes from their base who are also veterans in MolokaBRA, with this prerogative not being valid for novice athletes' vessels in the competition. This prerogative of base coordinators must be done formally through a document provided by the organization. The state of equipment conservation, its dimensions, and categorization according to the competition rules of each modality will be considered. Each approved vessel or equipment will receive a sticker from the organization stating EQUIPMENT CALIBRATED AND APPROVED. Before races 2 and 3, the arbitration commission will conduct equipment checks by sampling, and any competitor who considers a new review necessary due to damage during official training, race 1, or race 2 should call a commission member to notify the occurrence for a new calibration to be conducted. Equipment disapproval implies the athlete's exclusion from the competition, with their participation being reinstated if the requested adjustments are made. It is **MANDATORY** to use a whistle, safety rope (leg leash), and life jackets, waistcoats that inflate when activated, or flotation aids attached to the body for all registered athletes, items that will also be evaluated by the commission. Athletes must be familiar with the rules established in NORMAM 3 of the Port Authority. The use of location equipment or applications will be mandatory, in addition to using cell phones with protective plastic covers for location sharing. Each competitor must inform the organization of the type of location equipment to be used. The organization will maintain a monitoring center for all registered athletes, which will be connected and in permanent communication with support and nautical safety vessels during the competitions. Unlike previous years, PARTICIPATION without the use of life jackets or flotation aids will NOT BE AUTHORIZED, and athletes must already conduct their training with the accessory.

Article 17. The use of a support vessel (jet ski) contracted directly by the athlete or the hiring of support with another rower will be allowed. In both cases, the organization must be officially informed to evaluate the athlete's profile and release their participation, and

in these cases, the athlete will have their times recorded normally and will be entitled to all kit and award items, but the times will not be considered for classification purposes to avoid injustice with other competitors in that category. Auxiliary jet skis and rowers providing support must be registered and pre-registered by the organization, under the risk of exclusion of the athlete who does not make this formal communication. The organization strongly suggests that novice athletes who intend to use external support arrive in Ceará earlier and conduct individual training and training before the event dates for better adaptation to downwind conditions. The organization will prepare a training program before the actual event for novice athletes in MolokaBRA, whose hiring of local instructors is the athlete's responsibility.

Article 18. Regarding competitor shirts, when registering, the athlete will indicate their choice of long-sleeve lycra with UV protection, short-sleeve dry-fit shirt, or sleeveless tank top. The use of the official shirt is mandatory, but the competitor athlete will be allowed to wear their own clothing as long as it meets two prerequisites: it must be the same color as the official shirt (orange in 2025) and have the official MolokaBRA logo on the upper central back in a standard size of 10x10cm. The shirts will be made in sizes indicated by the athlete during online registration on the Real Timming website.

Article 19. Registration for the competition is personal and non-transferable, and cannot be used by third parties. The inability to participate due to force majeure must be formally communicated to the organization. There will be no refund of paid amounts, except if non-participation is due to health reasons, proven in a timely manner (60 days before the event) through a medical certificate and report.

Article 20. Participants are responsible for the accuracy of the information provided in the registration form and online system, especially regarding age. If false data is found, the athlete will be automatically disqualified. The athlete who provided fraudulent information may receive a sanction in the judicial sphere if it is proven that they intended to deceive the organization, which will notify the authorities for investigation.

Article 21. The distribution of participant kits will take place **according to the schedule established in Article 1**. Each athlete must present identification (Social security number, ID, Driver's License, or Professional Card) to collect their kit. At the organization's discretion and to facilitate the work, a specific location may be determined for kit collection on dates prior to those provided in the regulation. In case of inability to attend, the organizers must be informed, and another athlete indicated to collect the kit. Athletes who do not collect and do not formally communicate with the organization will lose the right to the kit and participation in the competition. There will be no kit distribution after the event ends.

Article 22. The paying competitors' kit will consist of a personalized bag, long-sleeve lycra with UV protection for competition or short-sleeve dry-fit shirt or sleeveless tank top, as

well as a personalized cap and participation medal in MolokaBRA alluding to the classification in the race (1st, 2nd, and 3rd places) or finisher.

Article 23. AWARDS. All competing athletes will receive personalized MolokaBRA medals and the traditional MolokaBRA Jangadas, alluding to their classifications or participation. The award ceremony will take place on a specific day, different from the competitions, according to the schedule in Article 1 of this regulation. Any products or gifts offered by supporters or sponsors will also be awarded to the athletes. If there is a cash prize, it will be informed to the athletes well in advance and will depend on sponsorships in the public or private sphere and endorsements from official sports entities (Confederations). Overall champion athletes (male and female) in modalities with more than 20 entries will receive a registration exemption for the following year.

Article 24. The official results of each stage will be sent to the registered participants' emails, on the MolokaBRA and Real Timming websites. The maximum deadline for publishing all final results will be ten days after the races. There will be a publication of an overall list by modality and another with results subdivided by category. All athletes will be officially certified about their respective placements, by race and in the MolokaBRA circuit (resulting from the sum of times of the three races).

Article 25 By confirming their participation in the competition, the athlete assumes full responsibility for their general health and physical fitness, with their presence at the event being free and spontaneous. The organizers are exempt from any responsibilities related to the participants' health conditions, considering that they provide such information truthfully. It is recommended that competitors are up to date with their individual medical evaluation, with a health certificate required with a maximum validity of 3 months before the start date of the race for competitors over 50 years old or who have health problems, regardless of age, duly stamped and signed by a medical professional (**see suggested model attached**). The arbitration and safety commission, following the recommendation of the event's own medical team, may prevent the athlete from participating in the competition if for any reason they believe that their participation puts their integrity at risk.

Article 26. The races will be supported by the Ceará Port Authority, Ceará State Military Fire Department, and CIOPAER – Integrated Air Operations Coordination of Ceará, which will be officially notified in advance as required by law. In addition, there will be a special own security scheme with support boats, speedboats, and jet skis, as well as lifeguards, in a number to be established according to the number of registered athletes.

Article 27. By registering, the athlete grants copyright for the use of images so that the organization can publicize their participation in the race and awards, whether through photos, videos, newspapers, magazines, internet sites, among other media, including social networks. The organization will use the images for advertising, informational purposes, direct mail to supporters and sponsors, and general broadcasts, for an indefinite period, without incurring financial costs for the organizers.

Article 28. The organization will provide hydration (mineral water and juices) and seasonal fruits before and after the races, and it is recommended that each athlete use their own hydration and nutrition protocol according to their training routine and nutritional guidance. We note that the water provided is not intended to fill hydration containers (camelbaks) to be used during the race but rather for pre-race athlete hydration. The organization will not be responsible for providing storage for competitors or supplying boards, canoes, or paddles, and each athlete who does not have their own equipment must arrange for its rental in advance. The transport and storage of equipment will be the individual responsibility of the competitors. The organization will provide a protected, covered space with night surveillance in Fortaleza for athletes who wish to leave their equipment the night before the races. The transport of athletes to the race start point or at the end of each race to their point of origin will be the individual responsibility of each athlete. The organization will indicate partners who provide this service.

Article 29. There will be no reimbursement by the event organization for any amount corresponding to any damage or damage caused to the equipment used by the participant, before, during, or after the race. The responsibility is solely the competitors.

Article 30. Any infraction committed by the competitor or team, especially those provided for in the official regulations of the Confederations / Federations / Associations (CBSUP, CBCa, and CBVAA), will receive the appropriate punishment from the organization. The technical team has 100% autonomy to apply penalties, including altering results or even excluding the competition.

Article 31. Protests or complaints regarding infractions committed by competitors, race results, or the conduct of the work by the organization's technical team must be made within a maximum period of 1 hour after the end of the race or 1 hour after the official results are announced.

Article 32. General questions should be directed to the organization via email eventos@asupce.org.br and will be clarified by the technical directors.

Article 33. Omitted cases will be resolved by the race organization.

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